

## The Pass Machine's Internal Medicine 8 Week Study Plan

### Week 1

**Plan: Average ~2 hours/day  
14.5 hours total**

<b>Content</b>	<i>Average ~65 minutes/day; 7.5 hours total</i>	<b>Faculty</b>
Launch Module	0.75 hours (2 videos)	Jack Krasuski, MD
Cardiovascular Disease <i>Exam Blueprint: 14%</i>	4.5 hours (8 videos)	Hemal Nayak, MD
Psychiatry: Sleep Medicine <i>Exam Blueprint: 4%</i>	1.5 hours (2 videos)	Raj Dasgupta, MD
Miscellaneous: Ethics <i>Exam Blueprint: 2%</i>	0.75 hours (1 video)	Raj Dasgupta, MD

<b>MCQs</b>	<i>Average ~1 hour/day; 7 hours total</i>	<b>Q Bank</b>
Exam Simulation Mode: Averaging 2 minutes per MCQ	~30 MCQs/day; ~210 MCQs total	
Review Mode: Averaging 5 minutes per MCQ	12 MCQs/day; 84 MCQs total	

### Week 2

**Plan: Average ~2 hours/day  
14.5 hours total**

<b>Content</b>	<i>Average ~65 minutes/day; 7.5 hours total</i>	<b>Faculty</b>
Pulmonary Disease - <i>Exam Blueprint: 9%</i>	5.25 hours (5 videos)	Raj Dasgupta, MD
Allergy & Immunology <i>Exam Blueprint: 2%</i>	0.75 hours (1 video)	Raj Dasgupta, MD
Medical Oncology I: Thoracic Tumors <i>Exam Blueprint: 6%</i>	0.5 hours (1 video)	Cherian Verghese, MD
Miscellaneous: Epidemiology & Statistics <i>Exam Blueprint: 2%</i>	1 hour (2 videos)	Shirin Shafazand, MD

<b>MCQs</b>	<i>Average 1 hour/day; 7 hours total</i>	<b>Q Bank</b>
Exam Simulation Mode: Averaging 2 minutes per MCQ	~30 MCQs/day; ~210 MCQs total	
Review Mode: Averaging 5 minutes per MCQ	12 MCQs/day; 84 MCQs total	

Week 3		
Plan: Average 2.25 hours/day 15.75 hours total		

Content	Average 1.25 hours/day; 8.75 hours total	Faculty
Gastroenterology- Exam Blueprint: 9%	4.5 hours (8 videos)	Asim Shuja, MD
Nephrology & Urology- Exam Blueprint: 6%	2.75 hours (2 videos)	William Whittier, MD
Medical Oncology III: Gastrointestinal or Hepatic Cancer Exam Blueprint: 6%	0.75 hours (1 video)	Cherian Verghese, MD
Medical Oncology IV: Urologic Cancer Exam Blueprint: 6%	0.75 hours (1 video)	Cherian Verghese, MD

MCQs	Average 1 hour/day; 7 hours total	Q Bank
Exam Simulation Mode: Averaging 2 minutes per MCQ	~30 MCQs/day; ~210 MCQs total	
Review Mode: Averaging 5 minutes per MCQ	12 MCQs/day; 84 MCQs total	

Week 4		
Plan: Average 2.25 hours/day 15.75 hours total		

Content	Average 1.25 hours/day; 8.75 hours total	Faculty
Infectious Disease Exam Blueprint: 9%	6 hours (10 videos)	Greg Olson, MD
Geriatric Syndromes Exam Blueprint: 3%	1.5 hours (2 videos)	Andrew Duxbury, MD
Ophthalmology Exam Blueprint: 1%	1.25 hours (3 videos)	Raj Dasgupta, MD

MCQs	Average 1 hour/day; 7 hours total	Q Bank
Exam Simulation Mode: Averaging 2 minutes per MCQ	~30 MCQs/day; ~210 MCQs total	
Review Mode: Averaging 5 minutes per MCQ	12 MCQs/day; 84 MCQs total	

Week 5		
Plan: Average 2.5 hours/day 17.5 hours total		
Content	Average ~1.25 hours/day; 8.5 hours total	Faculty
Rheumatology & Orthopedics <i>Exam Blueprint: 9%</i>	3.75 hours (4 videos)	Raj Dasgupta, MD
Hematology <i>Exam Blueprint: 6%</i>	3.75 hours (7 videos)	Morey Blinder, MD
Medical Oncology VII: Hematologic Malignancies <i>Exam Blueprint: 6%</i>	1 hour (1 video)	Cherian Verghese, MD
MCQs	Average ~1.25 hours/day; ~9 hours total	Q Bank
Exam Simulation Mode: Averaging 2 minutes per MCQ	~38 MCQs/day; ~265 MCQs total	
Review Mode: Averaging 5 minutes per MCQ	~15 MCQs/day; ~105 MCQs total	

Week 6		
Plan: Average 2.5 hours/day 17.5 hours total		
Content	Average ~65 minutes/day; 7.5 hours total	Faculty
Endocrinology, Diabetes, and Metabolism <i>Exam Blueprint: 9%</i>	5.5 hours (6 videos)	Sandra Naaman, MD
Medical Oncology VIII: Soft Tissue Cancer & Neuroendocrine Tumors <i>Exam Blueprint: 6%</i>	0.5 hours (1 video)	Ari Rosenberg, MD
Medical Oncology IX and X: Cancer Prevention & Screening, Oncologic Emergencies, Supportive Care, & Cancer Survivorship <i>Exam Blueprint: 6%</i>	1.5 hours (2 videos)	Cherian Verghese, MD
MCQs	Average ~1.5 hours/day; 10.5 hours total	Q Bank
Exam Simulation Mode: Averaging 2 minutes per MCQ	~45 MCQs/day; ~315 MCQs total	
Review Mode: Averaging 5 minutes per MCQ	18 MCQs/day; 126 MCQs total	

Week 7		
Plan: Average 3 hours/day 21 hours total		

Content	Average < 1 hour/day; 6 hours total	Faculty
Neurology for the Internist Exam Blueprint: 4%	1.5 hours (4 videos)	Matthew McCoyd, MD
Dermatology for the Internist Exam Blueprint: 3%	1 hour (3 videos)	Peter Lio, MD
Otolaryngology Exam Blueprint: 1%	0.75 hours (1 video)	Raj Dasgupta, MD
Women's Health Exam Blueprint: 1%	1.25 hours (2 videos)	Sandra Naaman, MD
Medical Oncology II: Breast Cancer & Neoplasms of the Head and Neck Exam Blueprint: 6%	0.5 hours (1 video)	Ari Rosenberg, MD
Medical Oncology V: Gynecologic Cancer Exam Blueprint: 6%	0.5 hours (1 video)	Cherian Verghese, MD
Medical Oncology VI: CNS & Skin Cancer Exam Blueprint: 6%	0.5 hours (1 video)	Cherian Verghese, MD

MCQs	Average 2 hours/day; 14 hours total	Q Bank
Exam Simulation Mode: Averaging 2 minutes per MCQ	~60 MCQs/day; ~420 MCQs total	
Review Mode: Averaging 5 minutes per MCQ		

Week 8		
Plan: Average 3.25 hours/day <23 hours total		

Content	Average ~1.25 hours/day; 9 hours total	Faculty
Neurology: Delirium & Dementia Exam Blueprint: 4%	2.25 hours (3 videos)	Jack Krasuski, MD
Psychiatry Exam Blueprint: 4%	4.75 hours (4 videos)	Jack Krasuski, MD

Supplemental Review Materials:  
Beyond the Pearls High-Yield  
Q&A

2 hours (2 videos)

Raj Dasgupta, MD

<b>MCQs</b>	<i>Average 2 hours/day; 14 hours total</i>	<b>Q Bank</b>
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Exam Simulation Mode:

Averaging 2 minutes per MCQ

~60 MCQs/day; ~420 MCQs total

Review Mode:

Averaging 5 minutes per MCQ

24 MCQs/day; 168 MCQs total